

DANCER INTAKE AND MEDICAL HISTORY

Name _____ Date of Birth: _____ Age: _____ Male / Female

Current Problem: _____ Date of Onset of Current Problem: _____

Date of Surgery/Pending Surgery: _____ Procedure: _____

Address _____ City _____ State _____ Zip _____

Name of parent, spouse / significant other: _____

Email address: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Primary MD: _____ Ortho/Other MD: _____

Employer / School Name and Phone: _____

Emerg. Contact and Phone _____ Referred by: _____

Single or multi story home? _____ Dance Studio/Company: _____

Are you a Dance Student? _____ Teacher? _____ Performer? _____ # Years Dancing? _____

What styles of dance: _____ Pointe: Y N Pre-Pointe: Y N

Average # hours of dance per week: _____ Greatest # hours dancing without a break in any one day: _____

Dance is: (circle) Fun/Recreational A goal for high school/college career path current professional

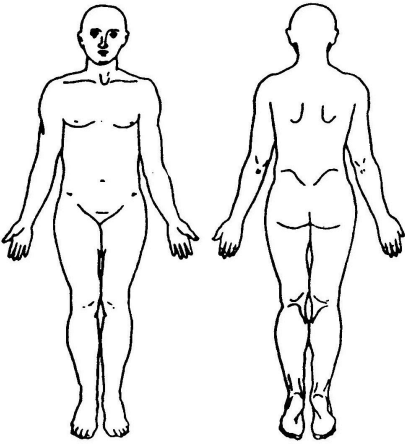
Note how many hours you dance next to the day: S _____ M _____ T _____ W _____ TH _____ F _____ S _____

Other sports, activities: _____

Does your pain keep you from falling asleep? _____ Does your pain wake you at night? _____

Please rate your pain when it is at its worst on a scale of 0 (no pain) to 10 (worst possible): _____

Please use the following key to demonstrate your pain/symptom locations on the pictures below



Numbness -----	Pins & Needles ^^^^^^^
Burning xxxxxxxx	Sharp/Stabbing /////
Cold 00000000	Achy)))))))
Throbbing zzzzzzzz	Other ++++++ (describe*)

*other _____

How limited is your dancing? (please circle)
Not at all minimally moderately unable to dance

Which of the following provoke or increase your symptoms: (circle)
relevé plie landing from jumps cambres (back bends) turns

Other: _____

Do any of these activities increase your symptoms?: (please circle)

Sitting Walking Driving Kneeling Twisting: spine limb
Standing going up Stairs going down stairs Reaching Reclining/Laying flat
Lifting Bending Squatting Other: _____

Please describe any symptoms other than pain that you may experience with the above-circled activities:

If your problem is at/near a joint, do you experience: (please circle) **popping locking cracking snapping**

What eases your symptoms? (please circle)

Heat Cold Medication Rest Change in position Other: _____

Is your condition overall (please circle): **Improving Getting Worse Staying the same**

Have you had any treatment for this current problem in the past? **Yes No**

Please describe _____

Have you had any of the following tests for this problem? (please circle)

XRay CT Scan Bone Scan EMG Nerve Conduction study MRI Other: _____

**If yes to above, please bring any reports, images, etc. to your first appointment*

Please circle any of the problems you have or have had in the past:

Diabetes	Bowel/Bladder Problems	Drug Allergies	Kidney Problems
Chest Pain	Urine Leakage	Allergies to Heat	Eating Disorders
High Blood Pressure	Asthma/Breathing Problems	Poor Cold Tolerance	Cancer
Heart Disease	Liver/Gallbladder Problems	Other Allergies	Surgeries
Heart Attack	Fractures (broken bones)	Hernia	Skin Abnormalities
Heart Palpitations	Hypoglycemia	Seizures	Irregular periods
Pacemaker	Special Diet Guidelines	Metal Implants	Nausea/Vomiting
Headaches	Rheumatoid Arthritis	Dizziness/Fainting	Sexual Dysfunction
Do you smoke now? _____	In the past? _____		Sprains

Other: _____ Are you menstruating? Y N Are your periods regular? Y N

If you circled any of the problems above, please explain briefly and give approximate dates of onset/occurrence:

Please list any medication you are taking: _____

Please fill in table below by indicating answer with check in the correct box and add narrative as needed.

Activity	Not Limited or N/A	Somewhat Limited	Very Limited	Unable to Do
Styling Hair				
Putting on footwear				
Sitting in school classes				
Doing chores at home				
Doing homework				
Driving a car				
Taking Dance Class				
Teaching Dance Class				
Sports				
Non-dance Work				
Other:				

What are you goals for physical therapy? _____

Signature _____

(Patient or parent/guardian if minor)

Date: _____